



1ST ANNUAL

"Wellness Connections"

Community HEALTH FAIR



Friday, September 29, 2023
10:00am - 2:00 pm

The Arc of Washington County
Art Gallery
111 West Pike Street
Canonsburg, PA

Join us to kick off our wellness weekdays!
Open to all community members with an
emphasis on supporting Developmental
Disabilities and Mental Health Wellness.

Learn smart tips
to getting and
staying healthy.

- *Nutrition*
 - *Health Advocacy*
 - *Behavioral Health*
 - *Disability Resources*
 - *Holistic Approaches to Well Being*
 - *Mental Health Resources*
- and much, much more!*

Parking is available in the N. Jefferson Lot on the side of the building (pay at the kiosk) or the parking lot on Pike St across from the building (pay at the kiosk).
There is also meter parking along Pike Street.

For more information:
call/text 724-470-9327 Darrilyn McCreery



Arc Human Services



The Arc.
Washington County

Community Partners on site:

AMI, Inc., Arc Human Services/The Arc of Washington County, Achieva, Chartiers Center, Eruption Athletics, Harmony Life, New Directions Mental Health, Sacred Tones Healing, Southpoint Massage Therapy, Washington Health System (Children's Therapy Center, Wellness Center, Center for Mental Health and Wellness), WHS Teen Outreach, Washington County BHDS, Washington Rides/Freedom Transit, Senior Life.

Want to learn more about the resources!?!

Stop in our conference room to hear the below presentations:

10:00 AM - 10:15 AM	New Directions Mental Health	Overview of services, referral process, and the comprehensive care offered.
10:30 AM - 10:45 AM	Washington Health System Teen Outreach	Common Ground Teen Center, safe space for teens 13 to 18 years of age.
11:00 AM - 11:15 AM	Sacred Tones Healing	Sound therapy
11:30 AM - 11:45 AM	Washington Health System Wilfred R. Cameron Wellness Center	Services that are offered at the Wilfred R. Cameron Wellness Center
12:00 PM - 12:15 PM	Harmony Life Center	Substance abuse recovery services
12:30 PM - 12:45 PM	Washington Health System Children's Therapy	Overview of services offered at CTC and info on locations.
1:00 PM- 1:15 PM	Sally Jo Snyder, Program Coordinator Health Equity of Achieva	Medical Advocacy/Self Advocacy
1:30 PM - 1:45 PM	Eruption Athletics	Adaptive exercise, equipment, and curriculum

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