#### Visit us:

The Arc of Washington County
111 West Pike Street
Canonsburg, PA 15317

## Contact us via call/text:

Darrilyn McCrerey, Director of Advocacy 724-470-9327

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## **Canonsburg 4th of July Parade 2023**



Access our website to learn more about The Arc of Washington County



### **Donating to**

## The Arc of Washington County

supports advocacy for individuals with intellectual & developmental disabilities.



Activities provided through our organization instills confidence in individuals of all abilities and also provides support & education for families.

The Arc of Washington County is an affiliated chapter of the Arc of PA & The Arc of the United States.

Follow us on Facebook:
The Arc of Washington PA





# We Include. We Advocate. We Support.

Our Goals are Simple:

Provide Advocacy, Assurance, Assistance, and Accessibility.

We are a not-for-profit organization that assists people with intellectual & developmental disabilities & their families to live fulfilling lives in the community.

Advocacy is provided at no cost.

## Become a Member

The Arc of Washington County



**Self Advocacy** is encouraging people to speak up for themselves.

We seek to give people with disabilities the tools to take greater control over their own life.

## Self Advocacy Group focuses on:

- Living an everyday life in a changing world
- Our own well-being so that we can drive how our own life is lived
- Knowing and understanding one's rights
- Problem-solving techniques
- Building self-confidence
- Making choices, setting goals,
   & assuming responsibility
- A sense of community & belonging
- Growing a self-advocate network to build relationships & knowledge
- Having fun!



## **Self Advocacy in Action**

meetings are held monthly on the 4th Thursday, from 5:00-6:30 PM at our Canonsburg location. They include a variety of topics and are open to all self advocates, their staff, and families.

## **Advocacy**

We **Include** people with disabilities and families in discussions so that they can make the most informed decisions regarding everyday living.

We **Advocate** for the rights and full participation of people with disabilities to improve systems of support and services by inspiring our communities and influencing public policy.

We **Support** families and people with disabilities in navigating the system to ensure individuals are accessing needed resources



Contact us to learn more about:

- Special Education Advocacy
- Family Resources
- Connecting Families Group
- Training/workshops
- Self Advocacy Group







# Self Advocate Leaders Career Opportunity

Self Advocate leaders build upon their leadership skills to mentor their peers, educate others, raise awareness, and help people learn to effectively use their voice.

- Training others on Rights and Responsibilities
- Educating the broader community
- Participating in group decision making
- Involvement on boards and task forces with policymakers
- Develop storytelling skills



The goal is to connect and cultivate relationships to form a family-run group to share successes and challenges in similar situations. Monthly meetings include an educational component or a fun group event, along with refreshments and time to mingle.