



Arc Human Services

2018 - 2019



**Arc Human Services, Inc.
serves people of all ages
with intellectual and
developmental disabilities
and mental illness
in a manner that allows them
to fulfill their ambitions,
protect their rights and
foster meaningful relationships
at home, at work and
in their communities.**



**We are a Community
We are Arc Human Services**

Changing Lives



Derek came to Arc Human Services in December 2017 when he moved into one of our Community Homes. He began attending the Arc Human Services Training Center and enjoyed interacting with members of the community through various volunteer opportunities.

Derek decided he was ready to begin looking for a job and expand his horizons. He started working through Small Group Employment, where he completed jobs such as landscaping, cleaning, and warehouse work.

Derek asked to begin working at Supply One; he excelled in his position and was hired as a full-time regular employee. He is beyond excited and we are beyond proud of his dedication and commitment! Great Job Derek!

Brittany is a young lady who had a difficult life and came into our program in 2015. She was in and out of placement, with or without family contact for most of her formative years. Fortunately, Brittany decided as an adult to allow us into her world.



When Brittany first came to Arc, she was extremely confused and easily agitated. She is now a vibrant 25-year old young lady who wakes up every morning with a smile on her face.

She has enjoyed this summer with swimming, going on picnics with friends, planting flowers and caring for her fish in the pond behind her house, attending Kennywood, and even rode on the float in the 4th of July parade.

Brittany has recently rekindled a relationship with a family member and she is excited to hear cute stories about her niece and nephew. She loves to share these with her North Main staff. Brittany is also trying to grow as an adult. She is looking forward to getting a job and has stated that she is “Tired of being bored” and wants to make lots of money!

Changing Lives

Individuals come to the Mental Health Residential Program to work through daily hurdles in a comfortable and supportive environment; staff help them to understand that struggles can be managed and recovery is possible. Our residents lean on and learn from each other daily, they share their stories of hope and desire to change and hold each other up when life becomes complicated.

Tracey came into the program over a year ago. She has overcome many obstacles while working on her recovery. Tracey took on the role of caregiver to many of our residents. She would help them cook, clean, and would just be there to play games and talk when needed. She was able to do this because of her team and the hope they provided her with daily.

Nicole has struggled with her mental health for many years and since coming into the program has acquired ways to work through her symptoms and manage her emotions. She has been adamant about her recovery, finding meaning and purpose in her life to remind her to stay on track with her goals and aspirations. Nicole is the life of any party! Her energy and ability to make others see their own strengths and beauty just comes naturally to her. Nicole helped our residents build their self-esteem, she taught her peers how to match outfits, style their hair, and apply make-up properly; she is the all-around fashionista!

Nicole and Tracey have been friends, housemates, and confidants for the past year and have in the past lived on their own, but said: “It was just lonely.” When the opportunity to move into an apartment together came about, they looked at each other and said, “Let’s do it!” Nicole says, “Moving into an apartment with Tracy makes me feel like I have someone to turn to, someone who will check on me and know if I need something”.

Tracey’s response, “Nicole, you got me to come out of my shell, now I have meaningful things to do with my time!” It is evident that together, they have become a dynamic duo with a really great opportunity to live independently in the community.



Community Based Services

As of June 30, 2019, Arc Human Services transitioned to a 100% Community Based Service model with the closure of the Training Center or “Workshop”.

Program participants, their families, and employees of Arc of Human Services enjoyed a picnic to celebrate the successes and friendships that were forged over the years at the Training Center. The Training Center had provided many opportunities for individuals to develop vocational and social skills. The skills obtained at the Training Center enabled several people to transition to other Community Based Employment Programs and Integrated Community Employment Opportunities.

Many thanks go out to those we supported over the years, their families, and most importantly to all the employees that made the success stories possible!



Honoring Staff

One of the Agency's core values is recognizing and respecting our employees.

As a result,
the Arc Human Services Outstanding
Direct Support Professional (DSP) Award Program
is designed to recognize our direct care employees
for their commitment to the Agency
and the outstanding service they provide
to individuals in our programs.

Nominations are received each month and chosen by the
Selection Committee made up of management and
non-eligible employees of AHS.

DSP of the Month Awardees include:

July 2018	Maurice Schwartz
August 2018	John Hunter
September 2018	Justin Allen
October 2018	Cassandra Carr
November 2018	Kathleen Kerns
December 2018	Jack Niper
January 2019	James Blocker
February 2019	Teresa Hollobaugh
March 2019	Barbara Johns
April 2019	Joseph Staggers
May 2019	Ken Zame
June 2019	Mickey Cummins

THANK YOU

Cash Bash 2018

Donors

Arc Community Based Services
Arc Development Department
Arc HR Department
Arc Mental Health Services
Arc Residential Department
Children's Museum of Pittsburgh
DoTerra Oils
Duck Donuts
Hock's Bar and Grill
LaGonda Machine, LLC
Pip and Lola's Everything Homemade
Pittsburgh Zoo and PPG Aquarium
Lisa Terwilliger
The Andy Warhol Museum
West Finley Volunteer Fire Department

Large Gifts & Grants 2018/2019

Edith L. Trees Charitable Trust
Northwest Charitable Foundation
Snee-Reinhardt Charitable Foundation
The United Way of Washington County
Washington County Community Foundation
Washington Financial

THANK YOU

Annual Awards Dinner 2018

Sponsors

Horizon Information Systems

Huntington Insurance

Maher Duessel

Miracle Landscaping

Northwest Saving Bank

Passavant Memorial Homes Family of Services

Pittsburgh Computer Solutions



Attendees at the Annual Awards Dinner held at Bella Sera's. Pictured left to right: Dr. Sally Jo Snyder (*Consumer Health Coalition*); Larry Maggi (*Washington County Commissioner*); Ed Picchiarini (*CEO of AHS*); Harlan G. Shober, (*Washington County Commissioner*); Steve Toprani, (*former District Attorney of Washington County*), and Tim Pawol (*member of the AAdvantage Board of Directors*).

THANK YOU

Annual Golf Outing 2019

Sponsors & Donors

Title Sponsor – Passavant Memorial Homes Family of Services

Gold Sponsors – Northwest Bank; Huntington Insurance; Horizon Information Systems; Jim Shorkey Commercial Truck Sales & Service

Silver Sponsors – Supply One; CNX; Entercom Pittsburgh; Maher Duessel; Shop n Save Washington; KMA Health; Chiurazzi Law Group

Driving Range Sponsor – Dr. Anthony Canterna

Beverage Cart Sponsors - Cappelli's Beer & Pop; Carmine's House of Furniture; First National Bank; Miracle Landscaping; Med Express; Pittsburgh Computer Solutions, Inc.; Thomas H. Ayoob III and Associates, LLC; Tier#1 Benefits LLC; and TJS Insurance Group

Tee Sponsors - First Commonwealth Bank; AAdvantage Finance Department; ACHIEVA Family Trust; Amcom; Carmine's House of Furniture; The Chiurazzi Law Group; CNX Resources; Dollar Bank; Entercom Pittsburgh; FTS International; Horizon Information Systems; Huntington Insurance; Jim Shorkey Commercial Trucks; KMA Health; Maher Duessel; Northwest Bank; Park Place Realty Group; Passavant Memorial Homes Family of Services; ServiceMaster by Zupancic; Shop 'n Save; S&T Bank; SupplyOne; Tier#1 Benefits LLC; Washington Financial and Washington Health System

Donors: Comcast; Dean's Water Service; Washington County Commissioner Diane Irey Vaughn; DoTerra Oils; Lowe's Washington; Meadows Standardbred Owners Association; Moe's Southwest Grill; National Aviary; Pittsburgh Pirates; Pittsburgh Symphony; The Frick Pittsburgh; Warhol Museum; and XpressBet.



Camp

2019 was very successful for Camp Laugh-A-Lot. We continued to expand our summer and winter camps, along with hosting several new monthly activities in our community.

The summer camp took place at the Vernon C Neal Sportsplex lasting seven weeks. This year we had 73 campers registered and averaged 54 campers per week. That is a 30% increase from the previous year. Throughout the summer, we work on communication and socialization skills with each camper. We do this through various group activities including arts and crafts, scavenger hunts, swimming, and outdoor games. This summer, Camp Laugh-A-Lot went on seven outings to places such as Carnegie Museums, Pittsburgh Zoo, Meadowcroft Rockshelter, National Aviary, and Fun Slides.

Camp Laughalot was also awarded a \$10,000 grant from the Snee-Rienhardt Foundation this year. We used this money to create a new sensory area and replace old toys and games.



Laugh-a-lot



Camp Laugh-A-Lot would not be possible without the generous support of the community. Camp Laugh-A-Lot is funded through donations and grants from The United Way of Washington County and Edith L. Trees Charitable Trust.

This past winter, Camp Laugh-A-Lot hosted its third winter camp, we had 46 campers registered, an increase of 84% from the previous year. It was held at the Chartiers Community Center for three days during the Christmas / New Year's school break. The campers participated in themed days, such as a Winter Wonderland day, Polar Express day, then a New Year's Eve Party day. Each camper was able to play games and complete crafts that went along with each theme.



Celebrating Success

Annual Awards Dinner

The Annual Awards Dinner drew a crowd of 250 people for a lovely evening at Bella Sera's to celebrate all of the wonderful things taking place at Arc Human Services and The Arc of Washington County.

We also offer congratulations to those who were honored, including:

Community Partner Award

SupplyOne

Community Supporter Award

Jennifer Scott from
Washington County BHDS

Aspire Awardees

Conway House
Morrow House
Sunset House
James "Jake" Rethage
Eric Segelstrom
Jayson Zammerilli



Celebrating Success



Staff and individuals of AHS residential sites at Conway (pictured above) and Sunset (pictured below), enjoying the Annual Awards Dinner as recipients of the Aspire Awards. "Working as a team with great ambition to attain personal goals". Congratulations!



Pictured at left: Annual Awards Dinner emcee, Jennifer Miele, introducing Darrilyn McCreary, Director of The Arc of Washington County.

Arc Human Services

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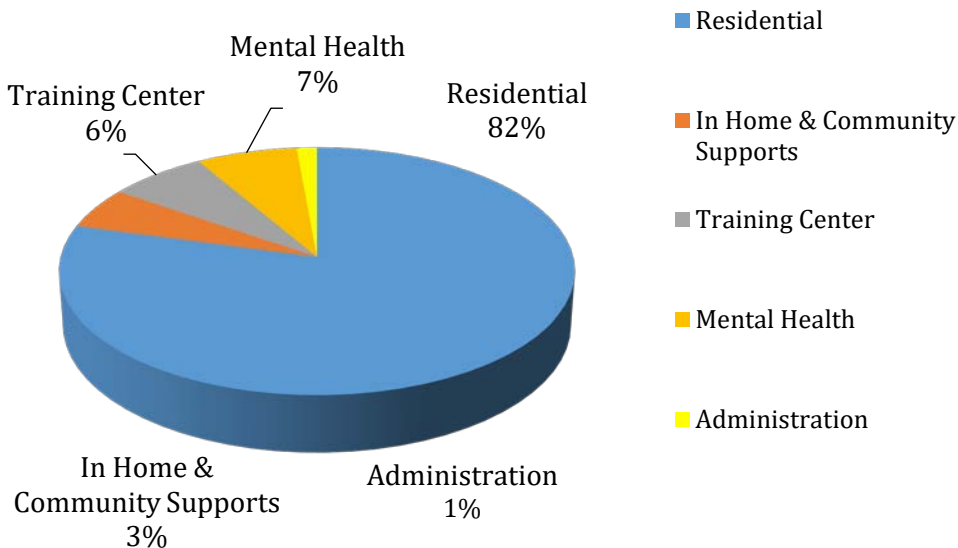
Quimber-Kay Nutter
Community Based Programs
Education and
Activities Supervisor

Brent Troyan
Assistant Director of Community
Based Programs –
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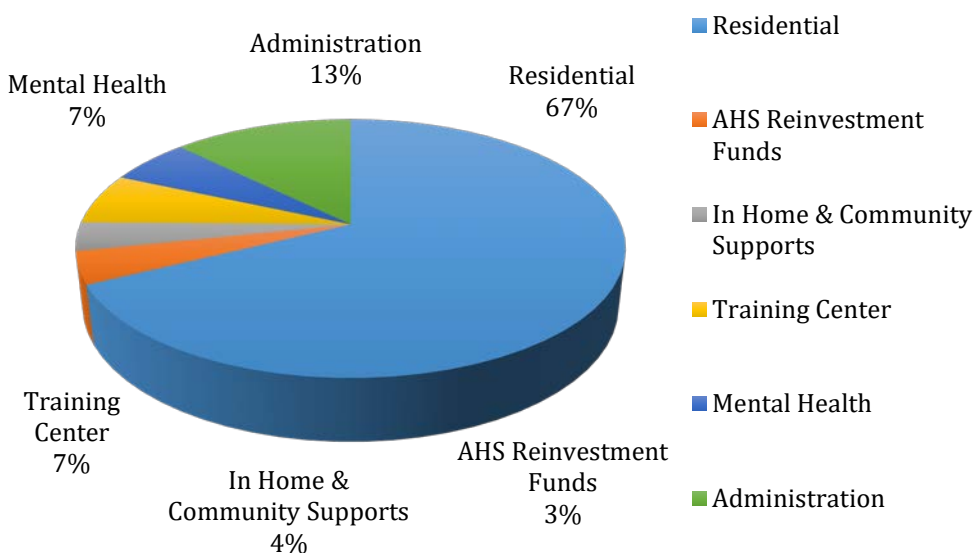
Statement of Activities

Fiscal year July 1, 2018 – June 30, 2019, unaudited

REVENUE: \$37,374,239



EXPENSES: \$37,374,239



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Bob & Karen Wicker
Marilyn & Charles Yurchick
Green Valley Packing

Arc of Washington County

At the October 25, 2018 monthly meeting, The Arc of Washington County Self-Advocacy Program had the pleasure of hosting a "Charting the Lifecourse™" presentation by Cathy Traini from the Office of Developmental Programs (ODP) as well as representatives from the PA Family Network.

Deputy Secretary of ODP, Kristin Ahrens, ODP Western Region Program Manager, Michele O'Toole, and Rick Smith, ODP Director of the Bureau of Financial Management and Program Support, were also in attendance.

Our Self-Advocates and their families learned various skills and were provided with tools to assist them in achieving their best life and planning for their future. The Lifecourse tools are a great resource for families and individuals to design, organize and create a plan to achieve an everyday life. The presentation topics included; Daily Life and Employment, Community Living, Social Life, Leisure and Spirituality, Healthy Living, Safety and Security, and Citizenship and Advocacy.

Over 30 Self-Advocates and their families and direct support professionals were in attendance. Our Self-Advocates take pride in our monthly meetings, identifying what is important to them and learning from others! Throughout our work, we will continue to utilize the Lifecourse tools to help individuals and their families focus on living a good life and planning for the future.



At left, Self-Advocate Leader Ryan with his parents, completing the Integrated Services and Supports STAR.

At right, materials that were available to Self-Advocates and their families and direct support professionals at the "Charting the Lifecourse™" meeting.



Making Connections



Over 30 people joined to celebrate Independence Day, engage with the crowd, and spread the importance of Inclusion. Many individuals participated in decorating the float the day before as well as walking, riding, dancing and even juggling in the parade this year.



*The Arc of
Washington County
and
Arc Human Services
Staff and Individuals
at the
Annual 4th of July
Parade in
Canonsburg.*

Self-Advocates

The Arc of Washington County continues to expand its Self-Advocate Leadership group. We currently have four Self-Advocate Leaders that are employed with the company and doing amazing things. One of their job responsibilities is educating and training direct support professionals about understanding their rights and how they can help the people they support be responsible for their rights. Our Self-Advocate leaders will meet with other individuals to mentor and assist them with using their voice. Our leaders continue to promote inclusion and showing others that regardless of their abilities, they do belong in their community and deserve an everyday life.

Building relationships and socializing with others is an integral part of having a sense of belonging. Another role our Self-Advocate leaders have taken on is coordinating social events and activities. Over the past year, we celebrated the 4th of July by participating in the Canonsburg parade. Over 30 people from The Arc of Washington County and Arc Human Services were in attendance to celebrate Independence Day, both for themselves and their community. During the parade, everyone participating handed out #Inclusion and Respect all abilities bracelets as well as candy. On August 2, 2019, we celebrated talents and confidence at our annual “Arc’s Totally Talented” Talent Show. With over 200 people in attendance at the end of summer carnival, our performers got on stage and shared their talents with the community. Performances included; dancing, poetry reading, singing, and displaying of artwork. Everyone did an amazing job!

Our Self-Advocate Leaders feel strongly and passionately about using their voice and helping others to use theirs. Here are some powerful words they would like to share with others:

“Focus on our abilities, not our disabilities” – Cheryl

“We have our own hopes and dreams, when someone takes them away, they take the spirit of our life away” - Maria

“I want to be included” - Ryan



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AAdvantage, Inc. is the parent company of Arc Human Services and The Arc of Washington County. AAdvantage Inc. is responsible for providing management and administrative services, which includes Human Resources Management, Fiscal Management, Property Management, and general administrative oversight.

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